



SWEETLY STRENGTHENED



new
LIFE

Relief Uys
14 May 2023



Proverbs 16:24 Gracious words are like a honeycomb, sweetness to the soul and health to the body.

Proverbs 16:24 Pleasant words are a honeycomb: sweet to the taste and health to the body. [HCSB]

1. Sweetly Strengthened:

Keen to be strengthened by the Lord?

1.1 Proverbs 16:24

Proverbs 16:24 Gracious words are like a honeycomb, sweetness to the soul and health to the body.

Expand:

Who of you have been blessed with gracious... words?

pleasant no'-am H5276; agreeableness, that is, delight, suitableness, splendor or grace: - beauty, pleasant (-ness)

Health to the bones – will get to this just now*

1.2 Words:

✓ Our own words:

- How are the words that make up your inner voice / thoughts?
- That of the Holy Spirit or of the accuser of the brethren?

✓ The words from others and to others:

- Pleasant, gracious and positive
- Testimonies

- Family devotions:

Matthew 12:33-37 HCSB - A Tree and Its Fruit 33 “Either make the tree good and its fruit good, or make the tree bad and its fruit bad; for a tree is known by its fruit. 34 Brood of vipers! How can you speak good things when you are evil? For the mouth speaks from the overflow of the heart. 35 A good man produces good things from his storeroom of good, and an evil man produces evil things from his storeroom of evil. 36 I tell you that on the day of judgment people will have to account for every careless word they speak. 37 For by your words you will be acquitted, and by your words you will be condemned.”



**THE OVERFLOW OF
MY HEART!**

- MY TREE AND WORDS!

✓ **God's Word and words:**

When He speaks it strengthens our heart, hope and faith:

Psalm 119:103 How sweet are Your words to my taste, sweeter than honey to my mouth!

Psalm 12:6 The words of the Lord are pure words, like silver refined in an earthen furnace, purified seven times.

- Strength?
- **Romans 10:17**
- Testimony

2. Life and Death:

Proverbs 18:21 (ESV)

Death and life are in the power of the tongue, and those who love it will eat its fruits.

- ✓ **Only two options**
- ✓ **Proverbs 16:24** Gracious words are like a honeycomb, sweetness to the soul and health to the body.
- ✓ **We need Jesus' words**
 - Are we killing or partnering with Life?
 - **John 6:63** The Spirit is the One who gives life. The flesh doesn't help at all. The words that I have spoken to you are spirit and are life.



**SONS OR
SALESMEN?**

3. Sons or Salesmen:

Sons [*and daughters*] or slaves [*salesmen*]?

Sweet words need to be truth and love

3.1 Truth in Love and not flattery:

In His body:

Ephesians 4:15 Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ.



Sons speak words of:

1. Truth
2. Love
3. Honour
4. Not selfish
5. The Spirit

Build up and strengthen others...

Slaves and 'salesmen':

1. Flattery
2. Selfishness
3. Dishonour
4. Prideful

Flattery, we need to be careful of →

Scriptures:

Psalms 12:2 Everyone utters lies to his neighbor; with flattering lips and a double heart they speak. 3 May the LORD cut off all flattering lips, the tongue that makes great boasts, 4 those who say, "With our tongue we will prevail, our lips are with us; who is master over us?"

Psalms 5:9 For there is no truth in their mouth; their inmost self is destruction; their throat is an open grave; they flatter with their tongue.

Psalms 62:4 ...they bless with their mouth, but they curse in their heart.

Discrepancy between what is in the heart and what comes from the mouth.

Proverbs 27:6 Faithful are the wounds of a friend; but the kisses of an enemy are deceitful.

Proverbs 28:23 He who rebukes a man will find more favor afterward than he who flatters with the tongue.

Galatians 1:10 For am I now seeking the favor of men, or of God? Or am I striving to please men? If I were still trying to please men, I would not be a bond-servant of Christ.

Philippians 4:8 Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Sweetly strengthened!



LET'S PRAY

