



new LIFE

Part 5

Your Go-To

Retief Uys
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‘Healthy hearts are
conduits for zoe life.’



1 Samuel 16:7

“...For the LORD sees not as man sees: man looks on the outward appearance, but the LORD looks on the heart.”



Soul | Mind, will, emotions

Heart | Thoughts and feeling | Seat of our most basic orientation, deepest commitments – what we love, trust

Proverbs 4:23 Guard your heart above all else, for it is the source of life.

What is the fruit we see?



Couple of important things to
remember...



Healing the Heart –

What to do?



1. Turn to God

Your Go-To

Relationship is life

Primary Relationship



1.1 Scripture:

Isaiah 38:16-17 “The Lord Most High is the one who gives life to every heart, who gives life to the spirit! Look, he indeed exchanged my bitterness for wholeness. You yourself have spared my whole being from the pit of destruction, because you have cast all my sins behind your back.”



Psalm 147:3

He heals the brokenhearted and binds up their wounds.



1.2 His Character:

"'I will restore your health, and I will heal your wounds,' declares the Lord." **Jeremiah 30:17**

YAHWEH-RAPHA [yah-way-raw-faw]: "The Lord Who Heals" (Exodus 15:26)

YAHWEH-SHALOM [yah-way-shah-lohm]: "The Lord Our Peace" (Judges 6:24)



1.3 The Source:

Psalms 118:8-9 It is better to take refuge in the LORD than to trust in humans. 9 It is better to take refuge in the LORD than to trust in princes.

Proverbs 29:25 The fear of man brings a snare,
But whoever trusts in the LORD shall be safe.



In His presence we are seen
perfectly and loved
unconditionally



1.4 His Presence:

Psalm 36:9 AMP

For with You is the fountain of life [the fountain of life-giving water]; In Your light we see light.



Jeremiah 29: 11

For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future. 12 Then you will call on me and come and pray to me, and I will listen to you. 13 You will seek me and find me when you seek me with all your heart.



1.5 Love:

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1 John 4:19

We love because he first loved us.



2 Timothy 1:7

For God has not given us a spirit of fear, but of power and of love and of a sound mind.



1.6 Jesus:

Seen the Father...

Isaiah 61



2. What do you bring?

Psalm 34:18

The LORD is close to the brokenhearted and saves those who are crushed in spirit.



Let's pray



