



new LIFE

Part 4

Check Your Heart

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2021: God warned, 'Shields up'.

Ephesians 6:10 Finally, be strengthened by the Lord and by His vast strength. 11 Put on the full armor of God so that you can stand against the tactics of the Devil... - *For the battle is not against flesh and blood* – 13 This is why you must take up the full armor of God, so that you may be able to resist in the evil day, and having prepared everything, to take your stand. ... 16 In every situation take the shield of faith, and with it you will be able to extinguish all the flaming arrows of the evil one.



‘Healthy hearts are
conduits for zoe life.’



1. Groundwork and Foundations:

1 Samuel 16:7

But the LORD said to Samuel, “Do not look on his appearance or on the height of his stature, because I have rejected him. For the LORD sees not as man sees: man looks on the outward appearance, but the LORD looks on the heart.”



1.1 The Heart:

Kardia Greek

- the thought, feelings, mind *Strongs def*
- the heart is that part of us where our emotions and desires dwell

Bible: It says the human struggle/battle happens within a single entity, the human heart.

- the great battle is deciding to what your heart's greatest love, hope and trust will be directed.



The heart is used as a metaphor for the seat of our most basic orientation, our deepest commitments — what we trust, most love and hope in, what we most treasure, what captures our imagination.



1.2 **LIFE** *Greek language: Three different words*

1. **Bios** | biology

2. **Psuche** | psychological life | human soul - the mind, emotion, and will

3. **Zoe** | Eternal life of God, the divine life uniquely possessed by God.

...THE GOD KIND OF LIFE



1.3 We are...:

SPIRIT
+ SOUL
BODY
—
YOU



2. How does it work?

Healthy hearts for God life

If we lose the spirit battle, our soul and even bodies, suffer the wounds.



2.1 Scripture:

Proverbs 4:23 Guard your heart above all else, for it is the source of life.

Proverbs 4:23 TPT So above all, guard the affections of your heart, for they affect all that you are. Pay attention to the welfare of your innermost being, for from there flows the wellspring of life.



2.2 We protect because it's a battle:

We remember:

Light | Darkness God | The enemy

John 10:10 The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

Agreeing with? Truth or lie | Faith or fear | Love or hate



Demonic lie of the devil



Thought – leads to feeling

Not based on Word and Spirit truth



Agreement of the WILL

Don't listen to your spirit [God inspired]



Hurt, wound | Destructive,

No zoe life, Sinful habits

WHAT IS HAPPENING?

Spiritual battle



Takes places in your SOUL

Mind, will, emotions | **HEART**



Effect in the SOUL | Heart

Effect even on the body

*Can be still demonically active

WHERE IS IT HAPPENING?

3. Check Your Heart: What to do?

Proverbs 23:19

Listen, my son, and be wise, and set your heart on the right path.



3. Check Your Heart: What to do?

3.1 An Honest Reflection:

Let's chat

What is the fruit that I see?

Those close to me?



Galatians 6:3 If anyone thinks they are something when they are not, they deceive themselves. 4 Each one should test their own actions. Then they can take pride in themselves alone, without comparing themselves to someone else, 5 for each one should carry their own load.

8 Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life. 9 Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.



3. Check Your Heart: What to do?

3.2 Stop, Allow God in and deal together:

“...For the LORD sees not as man sees: man looks on the outward appearance, but the LORD looks on the heart.”



Let's check our hearts
and pray



