



Spiritual Maturity

By Steven van Tonder
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Hebrews 4:9-16

⁹ There remains therefore a rest for the people of God. ¹⁰ For he who has entered His rest has himself also ceased from his works as God *did* from His.

¹¹ Let us therefore be diligent to enter that rest, lest anyone fall according to the same example of disobedience.

Hebrews 4:9-16

- ¹² For the word of God *is* living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.
- ¹³ And there is no creature hidden from His sight, but all things *are* naked and open to the eyes of Him to whom we *must give* account.

Hebrews 4:9-16

¹⁴ Seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast *our* confession.

¹⁵ For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all *points* tempted as *we are*, yet without sin. ¹⁶ Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.



Hebrews 5:7-14

- ⁷ During the days of Jesus' life on earth, he offered up prayers and petitions with fervent cries and tears to the one who could save him from death, and he was heard because of his reverent submission.
- ⁸ Son though he was, he learned obedience from what he suffered ⁹ and, once made perfect, he became the source of eternal salvation for all who obey him ¹⁰ and was designated by God to be high priest...

Hebrews 5:7-14

¹¹ We have much to say about this, but it is hard to make it clear to you because you no longer try to understand. ¹² In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food!

Hebrews 5:7-14

- 13 For everyone who partakes *only* of milk is unskilled in the word of righteousness, for he is a babe.**
- 14 But solid food belongs to those who are of full age, *that is*, those who by reason of use have their senses exercised to discern both good and evil.**



1 Corinthians 11:23-25

...The Lord Jesus, on the night he was betrayed, took bread, ²⁴ and when he had given thanks, he broke it and said, “This is my body, which is for you; do this in remembrance of me.” ²⁵ In the same way, after supper he took the cup, saying, “This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.”

