

ANCHORED REST

"Peace I leave with you,
my peace I give to you.."

Relief Uys



intro:

2017 | #beAnchored

Going into the holiday season, let us
reflect and be sure to have an
anchored rest...



HOW DO YOU
REST?



intro:

I've learnt peace gives rest, and peace comes through trust and trust comes by childlike faith gained through a relationship with God my Father.



2. REST | Scripture Foundation:



John 14:27

Peace I leave with you, my peace I give to you: not as the world gives, give I to you. Let not your heart be troubled, neither let it be afraid.



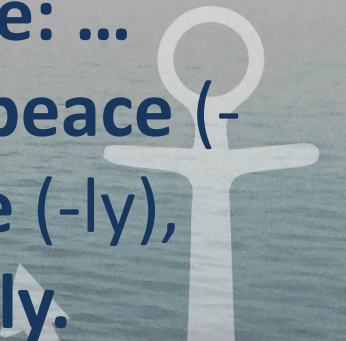
3. Peace to Rest:



3.1 PEACE I Defined as..:

- [Oxford] 1 Freedom from disturbance; tranquillity
2 A state or period in which there is no war or a war has ended, etc.

Shalom [Hebrew] Eirene [Greek] (i-ray'-nay)
[Strong's Con]: p/o: **shalom: safe, that is, (figuratively) well, happy, friendly; also (abstractly) welfare, that is, health, prosperity, peace: ... (good) health, (X perfect, such as be at) peace (-able, -ably), prosper (-ity, -ous), rest, safe (-ly), salute, welfare, (X all is, be) well, X wholly.**



3.1 PEACE I Defined as..:

Complete peace: It is a feeling of contentment, completeness, wholeness, well being and harmony. Restful.

Triune beings –

Body, Soul [emotions thoughts, will] and Spirit



3.2 Look to the One:

Isaiah 9:6 For to us a child is born, to us a son is given; and the government shall be upon his shoulder, and his name shall be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace.



A. Right standing with God:

Romans 5:1 Therefore being justified by faith, we have peace with God through our Lord Jesus Christ.

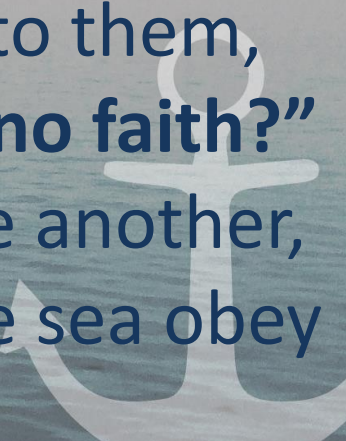
Isaiah 32:17 The result of righteousness will be peace; the effect of righteousness will be quiet confidence forever.



B. Perspective and Truth in all Circumstances:

John 14:27 Peace I leave with you, my peace I give to you: not as the world gives, give I to you. Let not your heart be troubled, neither let it be afraid.

Mark 4: 39 He got up, rebuked the wind, and said to the sea, “Silence! Be still!” The wind ceased, and there was a great calm. 40 Then He said to them, **“Why are you fearful? Do you still have no faith?”** 41 And they were terrified and asked one another, “Who then is this? Even the wind and the sea obey Him!”



4. Faith-filled rest:



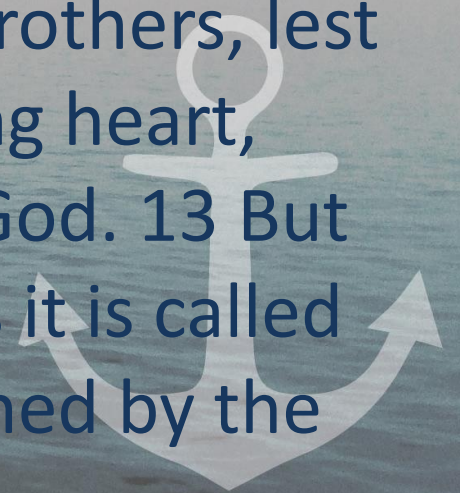
4.1 Enter in:

As Christians, we rest where there is trust and peace – where there is **FAITH**..

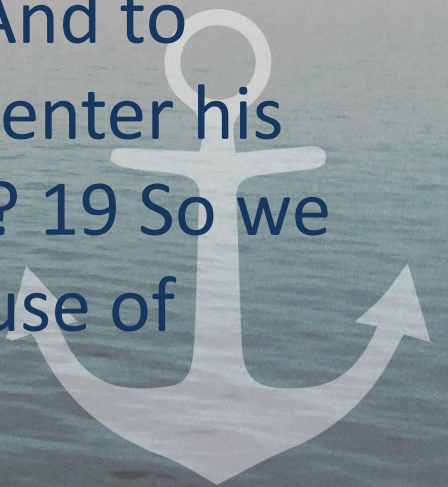
**We rest not in the SEEN, but
UNSEEN.**



Hebrews 3:7 Therefore, as the Holy Spirit says,
"Today, if you hear his voice, 8 do not harden your
hearts as in the rebellion, on the day of testing in
the wilderness, 9 where your fathers put me to the
test and saw my works for forty years. 10 Therefore
I was provoked with that generation, and said, 'They
always go astray in their heart; they have not
known my ways.' 11 As I swore in my wrath, 'They
shall not enter my rest.'" 12 Take care, brothers, lest
there be in any of you an evil, unbelieving heart,
leading you to fall away from the living God. 13 But
exhort one another every day, as long as it is called
"today," that none of you may be hardened by the
deceitfulness of sin.



Hebrews 3:14 For we have come to share in Christ, if indeed we hold our original confidence firm to the end. 15 As it is said, "Today, if you hear his voice, do not harden your hearts as in the rebellion." 16 For who were those who heard and yet rebelled? Was it not all those who left Egypt led by Moses? 17 And with whom was he provoked for forty years? Was it not with those who sinned, whose bodies fell in the wilderness? 18 And to whom did he swear that they would not enter his rest, but to those who were disobedient? 19 So we see that they were unable to enter because of unbelief.



How should we live – *by grace through faith*

Romans 1:17 For in it the righteousness of God is revealed from faith for faith, as it is written, "The righteous shall live by faith."

Romans 10:17 (NKJV)

So then faith comes by hearing, and hearing by the word of God.



4.2 What steals your faith? :

Unbelief I FEAR

John 14:27 Peace I leave with you, my peace I give to you: not as the world gives, give I to you.
Let not your heart be troubled, neither let it be afraid.



Performance
Poverty
Not knowing



Faith in Christ | Lord of rest | It is finished.

John 19:30 When Jesus had received the sour wine, he said, "It is finished," and he bowed his head and gave up his spirit.

Matthew 12:8 "For the Son of Man is lord of the Sabbath."



“God can't give us peace and happiness apart from Himself because there is no such thing.” — C.S. Lewis



PRAYER

MINISTRY TIME

