

#### 1. intro:

Last time | There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love. 1 John 4:18 Abiding and perfecting love

And awhile back I 'Those who wait on the Lord..' Isaiah 40:31 When we wait, He acts I Isaiah 64:4 In waiting – He helps...

# How are you really doing?

#### In need of HELP?

#### 2. Lord, please help

Word, Word, Word

Psalm 46:1-3 "God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains guake with their surging.

#### 2. Lord, please help

Word, Word, Word

# "...our refuge and strength, an ever-present help in trouble."



#### Hebrews 13:6 So we can confidently say, "The Lord is my helper; I will not fear; what can man do to me?"

[Paul writes here referring to Psalm 118]



# Who is our ever-present

help?

# the Holy Spirit

#### **2. Lord, please help** What is HELP?

**HELP =** The English word help means to **aid**, to **lend** strength, to succor, to lend means of deliverance (as to help one in distress), to give assistance (from from Latin assistere to stand by, from sistere to cause to stand) or support (to carry the weight of, derived from Latin supportare to bring from sub- = up + portare =to carry). Help means to do for someone what he or she cannot do for himself or herself. Ezrah – Hebrew **Boetheo – Greek** 

#### 3. Nothing else will do:

<u>Scripture</u>: John 14:15-26 (ESV) Jesus Promises the Holy Spirit

"If you love me, you will keep my commandments. 16 And I will ask the Father, and he will give you another Helper, to be with you forever,17 even the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, for he dwells with you and will be in you.

18 "I will not leave you as orphans; I will come to you. 19 Yet a little while and the world will see me no more, but you will see me. Because I live, you also will live. 20 In that day you will know that I am in my Father, and you in me, and I in you. 21 Whoever has my commandments and keeps them, he it is who loves me. And he who loves me will be loved by my Father, and I will love him and manifest myself to him." 22 Judas (not Iscariot) said to him, "Lord, how is it that you will manifest yourself to us, and not to the world?" 23 Jesus answered him, "If anyone loves me, he will keep my word, and my Father will love him, and we will come to him and make our home with him.

24 Whoever does not love me does not keep my words. And the word that you hear is not mine but the Father's who sent me. 25 "These things I have spoken to you while I am still with you. 26 But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you.

#### Who is the Holy Spirit?

AMPC | And I will ask the Father, and He will give you another Comforter (Counselor, Helper, Intercessor, Advocate, Strengthener, and Standby), that He may remain with you forever—

MSG | "If you love me, show it by doing what I've told you. I will talk to the Father, and he'll provide you another Friend so that you will always have someone with you. This Friend is the Spirit of Truth. The godless world can't take him in because it doesn't have eyes to see him, doesn't know what to look for. But you know him already because he has been staying with you, and will even be in you!

Why don't we always walk in this Help?

#### 3.1 NO Pride, NO unbelief:

- Self, self, self culture

18 "I will not leave you as orphans; I will come to you.

This Spirit manifests in a Childlike and humble heart – Context – no longer orphans – SO CHILDREN Galatians 4:6 And because you are sons, God has sent the Spirit of his Son into our hearts, crying, "Abba! Father!" 7 So you are no longer a slave, but a son, and if a son, then an heir through God. Why don't we always walk in this Help?

#### **3.2 HOLY UNTO?**

Jesus starts off here in John 14 saying:

15 "If you love me, you will keep my commandments. 16 And I will ask the Father, and he will give you another Helper, to be with you forever, 17 even the Spirit of truth

### The Holy Spirit is our Helper but holy unto God

HOLY = The Hebrew word for holy is "qodesh" and means "apartness, set-apartness, separateness, sacredness" For God, His Kingdom

#### Galatians 5:22-23 (ESV)

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, selfcontrol; against such things there is no law.

We have been called for destinies, callings, weights, fights, battles that we cannot carry,

fulfil or do..

#### 4. Communion I Thank You Jesus

Matthew 26:26-28 I Institution of the Lord's Supper 26 Now as they were eating, Jesus took bread, and after blessing it broke it and gave it to the disciples, and said, "Take, eat; this is my body." 27 And he took a cup, and when he had given thanks he gave it to them, saying, "Drink of it, all of you, 28 for this is my blood of the3 covenant, which is poured out for many for the forgiveness of sins.

#### Communion

### "God is our refuge and strength, an ever-

present help in trouble"

## PRAYER MINISTRY TIME