# Test me Lord harm me not mine Enemy

Torment us no further

So they arrived at the other side of the lake, in the region of the Gerasenes.<sup>2</sup> When Jesus climbed out of the boat, a man possessed by an evil spirit came out from the tombs to meet him.<sup>3</sup> This man lived in the burial caves and could no longer be restrained, even with a chain.<sup>4</sup> Whenever he was put into chains and shackles—as he often was—he snapped the chains from his wrists and smashed the shackles. No one was strong enough to subdue him.

<sup>5</sup> Day and night he wandered among the burial caves and in the hills, howling and cutting himself with sharp stones. When Jesus was still some distance away, the man saw him, ran to meet him, and bowed low before him. <sup>7</sup> With a shriek, he screamed, "Why are you interfering with me, Jesus, Son of the Most High God? In the name of God, I beg you, don't torture me!"

<sup>8</sup> For Jesus had already said to the spirit, "Come out of the man, you evil spirit." <sup>9</sup> Then Jesus demanded, "What is your name?" And he replied, "My name is Legion, because there are many of us inside this man." <sup>10</sup> Then the evil spirits begged him again and again not to send them to some distant place. There happened to be a large herd of pigs feeding on the hillside nearby.<sup>12</sup> "Send us into those pigs," the spirits begged. "Let us enter them."

<sup>13</sup> So Jesus gave them permission. The evil spirits came out of the man and entered the pigs, and the entire herd of about 2,000 pigs plunged down the steep hillside into the lake and drowned in the water. <sup>14</sup> The herdsmen fled to the nearby town and the surrounding countryside, spreading the news as they ran. People rushed out to see what had happened.

<sup>15</sup> A crowd soon gathered around Jesus, and they saw the man who had been possessed by the legion of demons. He was sitting there fully clothed and perfectly sane, and they were all afraid. <sup>16</sup> Then those who had seen what happened told the others about the demonpossessed man and the pigs. <sup>17</sup> And the crowd began pleading with Jesus to go away and leave them alone.

<sup>18</sup> As Jesus was getting into the boat, the man who had been demon possessed begged to go with him. <sup>19</sup> But Jesus said, "No, go home to your family, and tell them everything the Lord has done for you and how merciful he has been." <sup>20</sup> So the man started off to visit the Ten Towns of that region and began to proclaim the great things Jesus had done for him; and everyone was amazed at what he told them.

### Definition

torment *noun* severe physical or mental suffering

*synonyms:* agony, suffering, torture, pain, anguish, misery, distress, affliction, trauma, wretchedness, woe;

## **Strong's Concordance**

basanos: a touchstone (a dark stone used in testing metals), hence examination by torture, torture Original Word: βάσανος, ου, ή

Short Definition: torture, torment Definition: torture, torment, examination by torture.

#### torment

- Spiritually cripples
- Spiritual illness (hopelessness)
- Leads to madness
- Torment leads to enslavement
- Ultimately leads to destruction

## Mark 4:35-41

<sup>35</sup> As evening came, Jesus said to his disciples, "Let's cross to the other side of the lake." <sup>36</sup> So they took Jesus in the boat and started out, leaving the crowds behind (although other boats followed). <sup>37</sup> But soon a fierce storm came up. High waves were breaking into the boat, and it began to fill with water. <sup>38</sup> Jesus was sleeping at the back of the boat with his head on a cushion. The disciples woke him up, shouting, "Teacher, don't you care that we're going to drown?"

### Mark 4:35-41

<sup>39</sup> When Jesus woke up, he rebuked the wind and said to the waves, "Silence! Be still!" Suddenly the wind stopped, and there was a great calm. <sup>40</sup> Then he asked them, "Why are you afraid? Do you still have no faith?" <sup>41</sup> The disciples were absolutely terrified. "Who is this man?" they asked each other. "Even the wind and waves obey him!"

For Jesus had already commanded the evil spirit to come out of him. This spirit had often taken control of the man. Even when he was placed under guard and put in chains and shackles, he simply broke them and rushed out into the wilderness, completely under the demon's power. (Luke 8:29)

There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love. (1 John 4:18)

Therefore I will look unto the LORD; I will wait for the God of my salvation: my God will hear me. Rejoice not against me, O my enemy: when I fall, I shall arise; when I sit in darkness, the LORD shall be a light unto me. I will bear the indignation of the LORD, because I have sinned against him, until he pleads my cause, and execute judgment for me: he will bring me forth to the light, and I shall behold his righteousness. (Micah 7:7-9)

- Godly Wisdom
- Discernment through the Holy Spirit
- Accountability
- Authority
- The Sabbath rest
- Peace

Let no man say when he is tempted, I am tempted of God: for God cannot be tempted with evil, neither temps he any man (James 1:13)

The temptation in your life are no different from what others experience. And God *is* faithful. He will not allow the temptation to be more than you can stand. When you are tempted He will show you a way out so that you can endure. 1Co 10:13 1Co 10:13 NLT)

## How 2 sit @ the feet of the Prince of Peace

- Go to Church
- Learn from mature Men/woman of God
- Attend Bible School
- Pray in Community
- Pray scripture
- Worship (sing scripture)
- Communion
- Feed on the word (audio/read)
- Mediate on the word