







# Sonny side up - Yoking with Christ

Retief Uys



**‘Only a disciple can make  
a disciple’**





## Matthew 11:25-30 (HCSB)

25 "At that time Jesus said,  
"I praise You, Father, Lord  
of heaven and earth,  
because You have hidden  
these things from the wise  
and learned and revealed  
them to infants. 26 Yes,  
Father, because this was  
Your good pleasure.



27 All things have been entrusted to Me by My Father. No one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son desires to reveal Him. 28 "Come to Me, all of you who are weary and burdened, and I will give you rest.





29 All of you, take up My yoke and learn from Me, because I am gentle and humble in heart, and you will find rest for yourselves. 30 For My yoke is easy and My burden is light."



# Rest

## OXFORD'S DICTIONARY

1Cease work or movement in order to relax, sleep, or recover strength

### ORIGIN

Old English *rest* (noun).. *of* Germanic origin, from a root meaning 'league' or 'mile' (referring to a distance after which one rests).





## Rest

### STRONG'S DICTIONARY

anapauō

..(reflexively) to *repose*  
(literally or figuratively (be  
*exempt*), *remain*); by  
implication to ***refresh***: - take  
ease, refresh, (give, take) rest.





# Burdens | Yoke

- two types





**“COME TO ME..”**





# 1. IN HUMILITY



**Matthew 11:25** "At that time Jesus said, "I praise You, Father, Lord of heaven and earth, because You have hidden these things from the wise and learned and revealed them to infants."

**Matthew 18:3** "I assure you," He said, "unless you are converted and become like children, you will never enter the kingdom of heaven."





## 2. SEE HIM



We walk with Christ in the same manner we first got to Him: **BY FAITH**

**Hebrews 11:1 (KJV)**

Now faith is the substance of things hoped for, the evidence of things not seen.





### 3. RECOGNIZING CHRIST



# DISCIPLE OF JESUS I THE TRUE EXAMPLE





## John 5:19

Then Jesus replied, "I assure you: The Son is not able to do anything on His own, but only what He sees the Father doing. For whatever the Father does, the Son also does these things in the same way."



## John 8:28

So Jesus said, "When you have lifted up the Son of Man, then you will know that I am he and that I do nothing on my own but speak just what the Father has taught me.

## John 12:49

For I did not speak on my own, but the Father who sent me commanded me to say all that I have spoken.





**Matthew 11:30**

**“For My yoke is easy and My  
burden is light.”**

**PRAYER..**