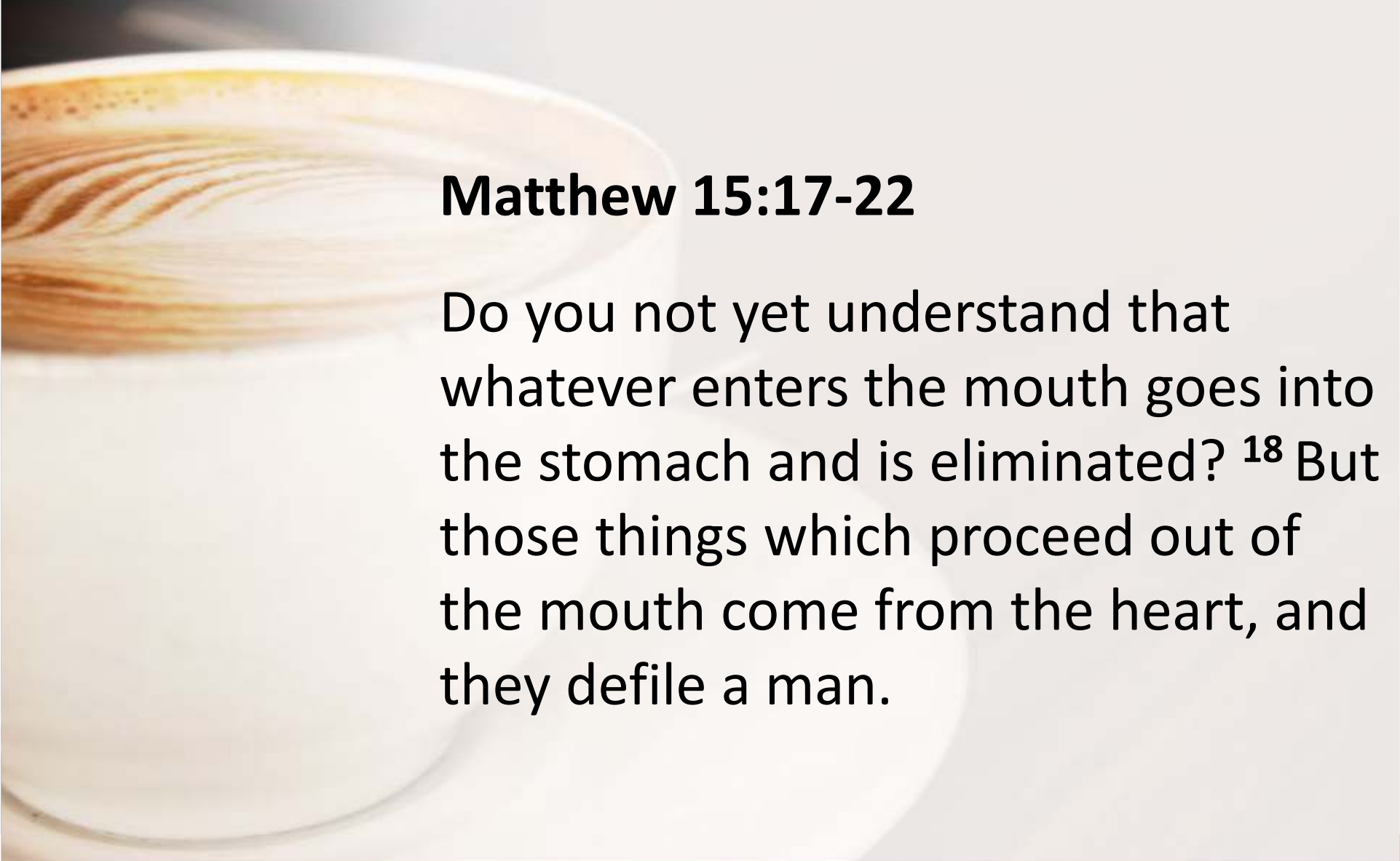


A photograph of a white coffee cup with latte art, overlaid with a large pink heart. The background is a light grey gradient.

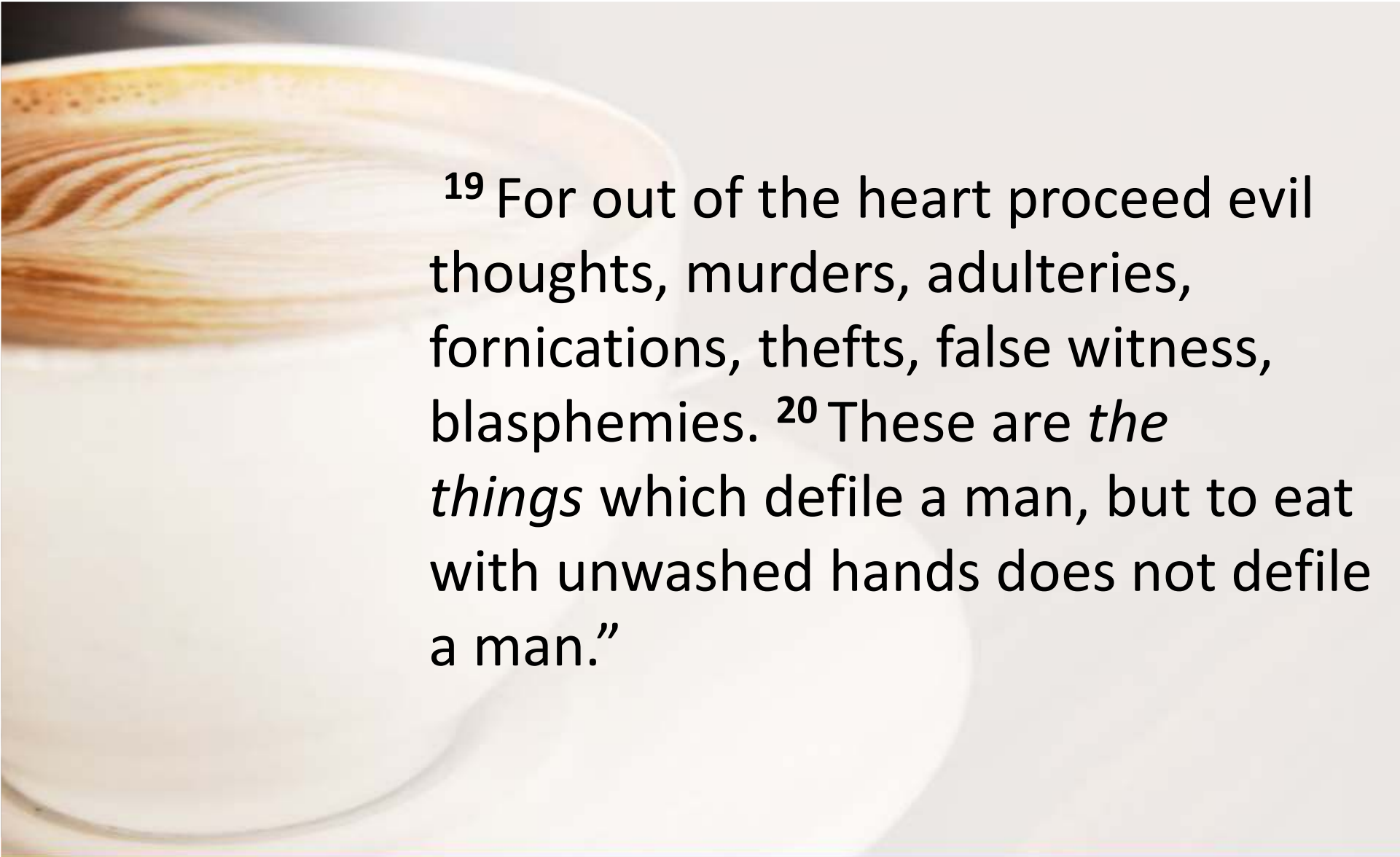
Matters of the heart

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Matthew 15:17-22

Do you not yet understand that whatever enters the mouth goes into the stomach and is eliminated? ¹⁸ But those things which proceed out of the mouth come from the heart, and they defile a man.

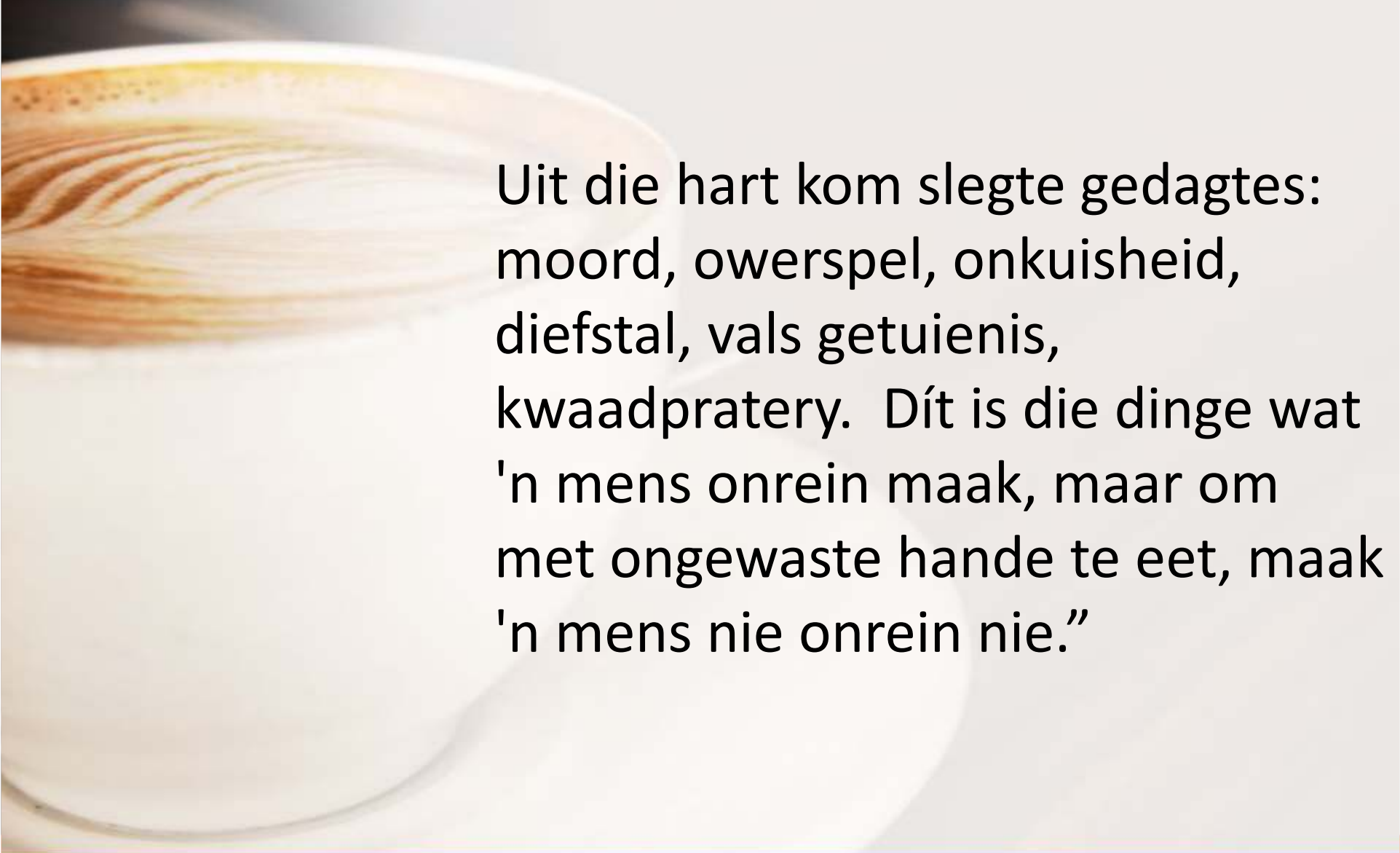


¹⁹ For out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies. ²⁰ These are *the things* which defile a man, but to eat with unwashed hands does not defile a man.”



Mattheus 15: 17-20

“Begryp julle nie dat alles wat by die mond ingaan, na die maag toe gaan en daarna uit die liggaam uitgaan nie? Maar wat by die mond uitkom, kom uit die hart, en dít is die dinge wat die mense onrein maak.



Uit die hart kom slegte gedagtes:
moord, owerspel, onkuisheid,
diefstal, vals getuienis,
kwaadpraterij. Dít is die dinge wat
'n mens onrein maak, maar om
met ongewaste hande te eet, maak
'n mens nie onrein nie.”

A close-up photograph of a white ceramic coffee cup filled with a latte. The coffee has a thick layer of light brown foam on top, decorated with intricate latte art patterns in shades of brown and tan. The cup is set on a matching white saucer. The background is a soft, out-of-focus grey.

Proverbs 4:23

Keep your heart with all diligence,
For out of it *spring* the issues of life.

Proverbs 28:26

He who trusts in his own heart is a
fool, But whoever walks wisely will be
delivered

A close-up photograph of a white ceramic coffee cup filled with a latte. The coffee has a thick, golden-brown foam on top, decorated with intricate latte art patterns in shades of brown and tan. The cup is set on a matching white saucer. The background is a soft, out-of-focus grey.

Spreuke 4:23

Wees veral versigtig met wat in jou hart omgaan, want dit bepaal jou hele lewe.

Spreuke 28:26

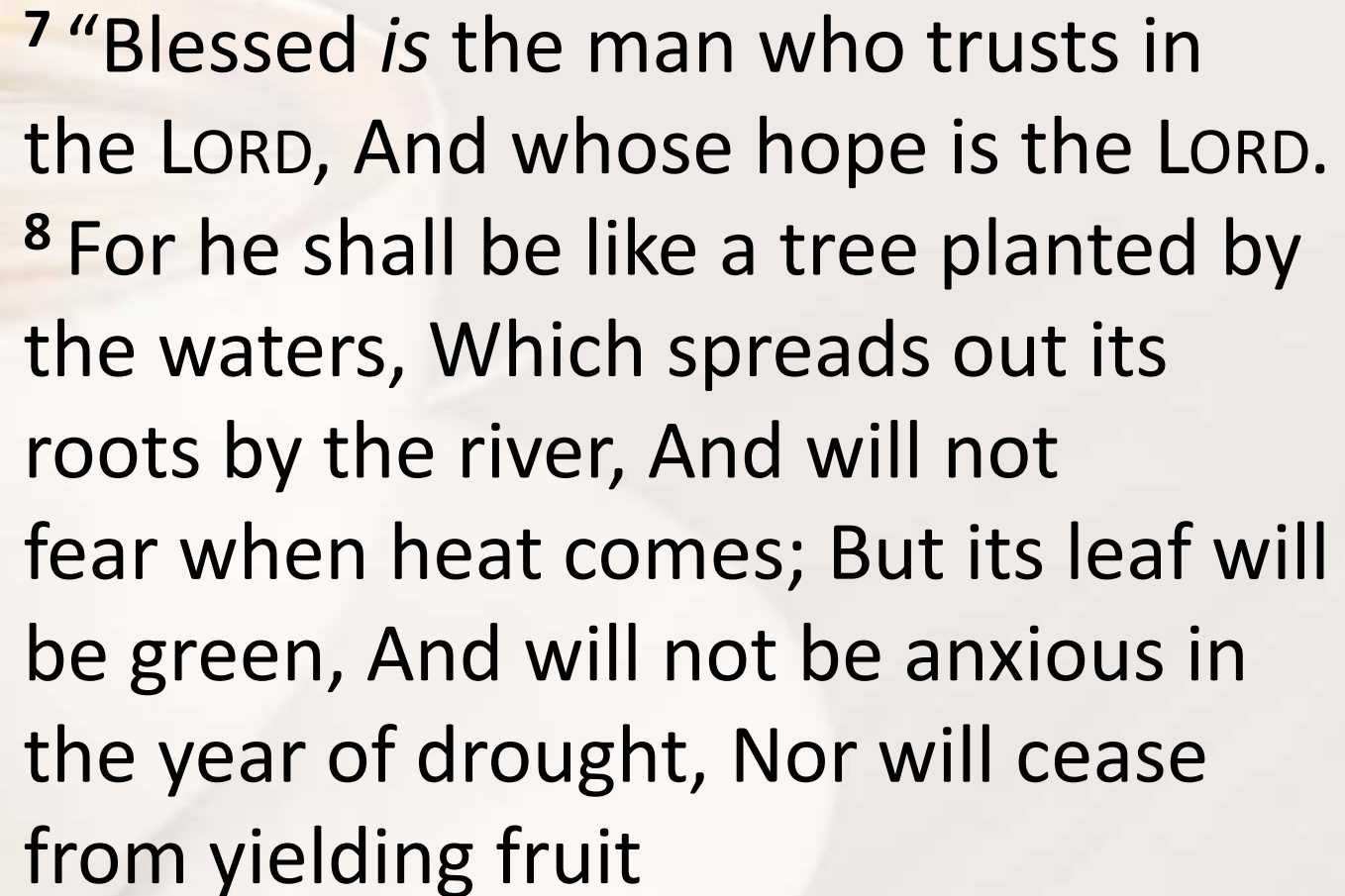
Wie op homself vertrou, is 'n dwaas;
wie hom deur wysheid laat lei, is veilig.



Jeremiah 17:5-10

Thus says the LORD:

“Cursed *is* the man who trusts in man
And makes flesh his strength,
Whose heart departs from the LORD.
For he shall be like a shrub in the
desert, And shall not see when good
comes, But shall inhabit the parched
places in the wilderness,
In a salt land *which is* not inhabited.




⁷ “Blessed *is* the man who trusts in
the LORD, And whose hope is the LORD.
⁸ For he shall be like a tree planted by
the waters, Which spreads out its
roots by the river, And will not
fear when heat comes; But its leaf will
be green, And will not be anxious in
the year of drought, Nor will cease
from yielding fruit



Jeremiah 17:9-10

**“The heart *is* deceitful above
all *things*, And desperately
wicked; Who can know it?
I, the LORD, search the heart,
I test the mind,
Even to give every man according
to his ways,
According to the fruit of his doings.**






Jeremia 17:5-6

So sê die Here: Daar rus 'n vloek op die mens wat sy vertrouwe in mense stel, wat sy krag soek by sterflike mense en van My af wegdraai; hy is soos 'n kaal bossie in droë wêreld wat nooit water kry nie; 'n bossie wat in 'n klipwoestyn staan, in 'n brak wêreld waar niemand woon nie.



Jeremia 17:5-8

Dit gaan goed met die mens wat sy vertrouwe in die Here stel, die mens vir wie die Here 'n veilige vesting is; 8 so iemand is soos 'n boom wat by water geplant is en sy wortels na die stroom toe uitstoot, nie die hitte voel as dit kom nie en altyd groen blare het; 'n droë jaar raak hom nie en hy hou nie op om vrugte te dra nie.




9Die hart is bedriegliker as enigiets anders, hy is ongeneeslik; wie kan hom verstaan?

10Ek, die Here, deurgrond en toets hart en verstand, Ek laat die mens kry wat hy verdien, wat hom toekom vir wat hy doen.



Enemies of the Heart

1. Greed
 2. Guilt
 3. Jealousy
 4. Anger
 5. Offense (unforgiveness)
 6. Lust
 7. Immorality
- 

A close-up photograph of a white ceramic coffee cup filled with a latte. The coffee has a thick layer of foam with intricate latte art patterns, including a heart shape. The background is a soft, out-of-focus grey.

Vyande van die Hart

1. Gierigheid
 2. Beskuldigings
 3. Jaloesie
 4. Woede
 5. Onvergifnis
 6. Begeertes
 7. Imoraliteit
- 
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1. Greed

Definition: a strong desire for more than you need

2 Corinthians 9:7

So let each one give as he purposes in his heart, not grudgingly or of necessity; for God loves a cheerful giver.



1. Gierigheid

Definisie: 'n sterk begeerte vir meer as wat jy nodig het

2 Korinthiers 9:7


Elkeen moet gee soos hy hom in sy hart voorgeneem het, nie met teensin of uit dwang nie, want God het die blymoedige gewer lief.



2. Guilt

Hebrews 12:24

to Jesus the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel.





2. Skuldgevoel/Beskuldigings

Hebreers 12:24

by Jesus, die Middelaar van die nuwe verbond, en by die besprinkelingsbloed wat van iets beters getuig as die bloed van Abel



3. Jealousy

Genesis 4:6-7

So the LORD said to Cain, “Why are you angry? And why has your countenance fallen? If you do well, will you not be accepted? And if you do not do well, sin lies at the door. And its desire *is* for you, but you should rule over it.”



3. Jaloesie

Genesis 4:6-7

Toe sê die Here vir Kain: “Waarom is jy kwaad? Waarom is jy bedruk? Wag daar nie vir jou blydskap as jy goed doen nie? As jy nie goed doen nie – die sonde wag jou in daarbuite en hy wil jou in sy mag kry. Maar jy moet oor hom heers.”



4. Anger

Ephesians 4:26-27

“Be angry, and do not sin”: do not let the sun go down on your wrath, nor give place to the devil.



4. Woede

Efesiers 4:26-27

As julle kwaad word, moenie sondig nie, en moenie 'n dag kwaad afsluit nie. Moenie die duiwel vatkans gee nie.



5. Unforgiveness/Offense

Colossians 3:12-13

Character of the New Man

Therefore, as *the* elect of God, holy and beloved, put on tender mercies, kindness, humility, meekness, longsuffering bearing with one another, and forgiving one another, if anyone has a complaint against another; **even as Christ forgave you**, so you also *must do*.



5. Onvergewings gesindheid/ Struikel blok

Kolossense 3:12-13

Julle is die uitverkore volk van God wat Hy baie lief het. Daarom moet julle meelewend, goedgesind, nederig, sagmoedig en verdraagsaam wees. Wees geduldig met mekaar en vergewe mekaar as die een iets teen die ander het. Soos die Here julle vergewe het, moet julle mekaar ook vergewe.

- OFFENSES
- In Luke 17:1 Jesus says: *“It is impossible that no offenses should come.”* In Matthew 18:7 He says: *“. . . For offenses must come. . .”* The term means “stumbling blocks” and refers literally to the trigger of a trap or a snare, (*skandalon* in the Greek originally), a trapstick, a bent sapling, or a movable stick with bait used to catch animals.

- The opportunity to get offended will come - our reaction will determine whether we will pass the test
- or be held back by bitterness and unforgiveness.

- EXAMPLE: JOHN THE BAPTIST
- Mat 11:3 And said unto him, Art thou he that should come, or do we look for another?
- *Matthew 11:6 And blessed is he who is not offended because of Me.*



5. Unforgiveness/Offence

Luke 17:1

Jesus Warns of Offenses

Then He said to the disciples, “It is impossible that no offenses should come, but woe to *him* through whom they do come!



5. Onvergifnis/ Struikel blok

Lukas 17:1


Jesus het vir sy dissipels gesê: “Dit is onvermydelik dat daar dinge kom wat mense laat struikel. Maar ellende wag vir die mens wat die oorsaak daarvan is.



6. Lusts

2 Timothy 2:22

Flee also youthful lusts; but pursue righteousness, faith, love, peace with those who call on the Lord out of a pure heart.





6. Begeertes

2 Timotheus 2:22

Vermy die begeertes wat 'n jongmens in gevaar bring, en streef na opregtheid, geloof, liefde en vrede, saam met almal wat uit 'n rein hart die Here aanroep.

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Job 31:1

“I have made a covenant with
my eyes; Why then should I
look upon a young woman?”



Job 31:1


“Ek het my plegtig verbind
om nie na 'n meisie te kyk
en haar te begeer nie.



7. Immoral

Psalm 101:3

I will set nothing wicked before my eyes; I hate the work of those who fall away; It shall not cling to me.





7. Imoreel

Psalm 101:3

Niks wat sleg is, wil ek nastreef
nie. Ek haat wat verkeerd is.
Dit mag geen houvas op my hê
nie.