



WE ARE GLAD YOU COULD JOIN US

WELCOME





Keep it simple

Maree Verhoef

Col 2:16 - 23 (ESV)

“16 Therefore let no one pass judgment on you in questions of food and drink, or with regard to a festival or a new moon or a Sabbath. 17 These are a shadow of the things to come, but the substance belongs to Christ. 18 Let no one disqualify you, insisting on asceticism and worship of angels, going on in detail about visions, puffed up without reason by his sensuous mind,



Col 2:16 - 23 (ESV)

19 and not holding fast to the Head, from whom the whole body, nourished and knit together through its joints and ligaments, grows with a growth that is from God. **20** If with Christ you died to the elemental spirits of the world, why, as if you were still alive in the world, do you submit to regulations— **21** “Do not handle, Do not taste, Do not touch”



Col 2:16 - 23 (ESV)

22 (referring to things that all perish as they are used)—according to human precepts and teachings? 23 These have indeed an appearance of wisdom in promoting self-made religion and asceticism and severity to the body, but they are of no value in stopping the indulgence of the flesh.



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Matt 5:17 (ESV)

“17 “Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them.



Heb 10:1 (ESV)

“1 For since the law has but a shadow of the good things to come instead of the true form of these realities, it can never, by the same sacrifices that are continually offered every year, make perfect those who draw near.



Let no one disqualify you

1. We are not called to follow the rules but to follow Jesus.



Gal 3:23-25 (ESV)

23 Now before faith came, we were held captive under the law, imprisoned until the coming faith would be revealed.

24 So then, the law was our guardian until Christ came, in order that we might be justified by faith. **25** But now that faith has come, we are no longer under a guardian, **26** for in Christ Jesus you are all sons of God, through faith.



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1 Tim 4: 1-4 (ESV)

“1 Now the Spirit expressly says that in later times some will depart from the faith by devoting themselves to deceitful spirits and teachings of demons, 2 through the insincerity of liars whose consciences are seared, 3 who forbid marriage and require abstinence from foods that God created to be received with thanksgiving by those who believe and know the truth. 4 For everything created by God is good, and nothing is to be rejected if it is received with thanksgiving,



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John 15:4-6 (ESV)

“4 Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. 5 I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.

