

HOLY

## Self-control



(1 Cor 9:23-27) <sup>23</sup> I do it all for the sake of the gospel, that I may share with them in its blessings. <sup>24</sup> Do you not know that in a race all the runners run, but only one receives the prize? So run that you may obtain it. <sup>25</sup> Every athlete exercises self-control in all things.



(1 Cor 9:23-27) They do it to receive a perishable wreath, but we an imperishable. <sup>26</sup> So I do not run aimlessly; I do not box as one beating the air. <sup>27</sup> But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.



(1 Cor 10:1-14) <sup>1</sup>For I do not want you to be unaware, brothers, that our fathers were all under the cloud, and all passed through the sea, <sup>2</sup> and all were baptized into Moses in the cloud and in the sea, <sup>3</sup> and all ate the same spiritual food,



(1 Cor 10:1-14) <sup>4</sup> and all drank the same spiritual drink. For they drank from the spiritual Rock that followed them, and the Rock was Christ. <sup>5</sup> Nevertheless, with most of them God was not pleased, for they were overthrown in the wilderness. <sup>6</sup> Now these things took place as examples for us,



(1 Cor 10:1-14) that we might not desire evil as they did 7 Do not be idolaters as some of them were; as it is written, "The people sat down to eat and drink and rose up to play." <sup>8</sup> We must not indulge in sexual immorality



(1 Cor 10:1-14) as some of them did, and twenty-three thousand fell in a single day. 9 We must not put Christ to the test, as some of them did and were destroyed by serpents, <sup>10</sup> nor grumble, as some of them did and were destroyed by the Destroyer.



(1 Cor 10:1-14) <sup>11</sup> Now these things happened to them as an example, but they were written down for our instruction, on whom the end of the ages has come. <sup>12</sup> Therefore let anyone who thinks that he stands take heed lest he fall.



(1 Cor 10:1-14) <sup>13</sup> No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.<sup>14</sup> Therefore, my beloved, flee from idolatry.



## (1 Cor 10:6) <sup>6</sup> Now these things took place as examples for us, <u>that we</u> <u>might not desire evil as they did.</u>



## (Prov 4:23) <sup>23</sup>Keep your heart with all vigilance, for from it flow the springs of life.



## (1 Cor 10:12) <sup>12</sup> Therefore let anyone who thinks that he stands take heed lest he fall.



(1 Cor 9:23) <sup>23</sup>I do it all for the sake of the gospel, that I may share with them in its blessings.



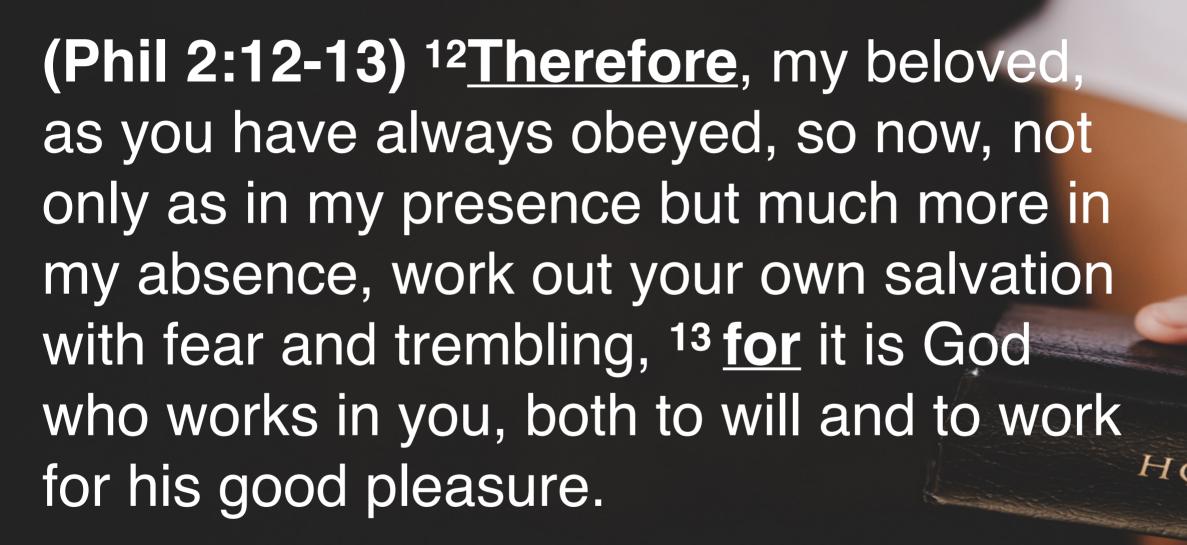
(1 Cor 10:13) <sup>13</sup> No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.



HOI

(2 Tim 1:7) <sup>7</sup>for God gave us a spirit not of fear but of power and love and self-control.

(Gal 5:22-23) <sup>22</sup>But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup> gentleness, self-control;







(Phil 1:6) <sup>6</sup>And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns.