



# How to Grow in a Dark Year

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- (Heb 5:7) In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to him who was able to save him from death, and he was heard because of his reverence.
- (Heb 5:8) Although he was a son, he learned obedience through what he suffered.



(Mat 26:38) Then he said to them, “My soul is very sorrowful, even to death; remain here, and watch with me.”

(Mat 26:39) And going a little farther he fell on his face and prayed, saying, “My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as you will.”



(2Ki 19:14) Hezekiah received the letter from the hand of the messengers and read it; and Hezekiah went up to the house of the LORD and spread it before the LORD.

(2Ki 19:15) And Hezekiah prayed before the LORD and said: “O LORD, the God of Israel, enthroned above the cherubim, you are the God, you alone, of all the kingdoms of the earth; you have made heaven and earth.



(Psa 112:4) Light dawns in the darkness for the upright; he is gracious, merciful, and righteous.

(Joh 16:13) When the Spirit of truth comes, he will guide you into all the truth, for he will not speak on his own authority, but whatever he hears he will speak, and he will declare to you the things that are to come.



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- 1) You pray your heart to God
- 2) Tak your first step toward the light
- 3) Reach out for His hand