

# LOAD SHEDDING

*vernietig wat jou krag steel*

# Promise



## Isaiah 40:29-31

29 He gives strength to the weary and increases the power of the weak. 30 Even youths grow tired and weary, and young men stumble and fall; 31 but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

# Premise

---



## 1 Samuel 30:6

6 And David was greatly distressed, for the people spoke of stoning him, because all the people were bitter in soul, each for his sons and daughters. But David strengthened himself in the Lord his God.

# First Trap



## Trap of comparison

### 1 Corinthians 3:3

For while there is jealousy and strife among you, are you not of the flesh and behaving only in a human way?

# Trap of comparison

---



## Philippians 4:12-13

12 I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. 13 I can do all things through him who strengthens me.

# Trap of comparison

---



Envy is resenting God's goodness in other people's lives and ignoring His goodness in our own lives.

Celebrate the win you want, in other people's life!

# Second Trap

---



## Trap of works

### Nehemiah 8:10

10 Nehemiah said, “Go and enjoy choice food and sweet drinks, and send some to those who have nothing prepared. This day is holy to our Lord. Do not grieve, for the joy of the LORD is your strength.”

# Trap of works

---



**John 15:4; 11**

4 Abide in me, and I in you.

11 These things I have spoken to you, that my joy may be in you, and that your joy may be full.



# Trap of works

---



**Acts 13:2**

As they ministered to the Lord, and fasted, the Holy Ghost said, Separate me Barnabas and Saul for the work whereunto I have called them.

# Trap of works

---



## Luke 10:38-42

38 Now as they went on their way, Jesus[d] entered a village. And a woman named Martha welcomed him into her house. 39 And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. 40 But Martha was distracted with much serving. And she went up to him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me."

# Trap of works

---

41 But the Lord answered her, “Martha, Martha, you are anxious and troubled about many things, 42 but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her.”