



WOMEN OF STRENGTH

Jeremiah 17: 5-6 NKJV

Thus, says the Lord: Cursed is the man who trusts in man and makes flesh his strength, whose heart departs from the Lord. For he shall be like a shrub in the desert, and shall not see when good comes, but shall inhabit the parched places in the wilderness, in a salt land which is not inhabited.

WOMEN OF STRENGTH

Jeremiah 17:7-8 NKJV

Blessed is the man who trusts in the Lord, and whose hope is the Lord. For he shall be like a tree planted by the waters, which spreads out its roots by the river, and will not fear when heat comes; But its leaf will be green and will not be anxious in the year of drought, nor will cease from yielding fruit.

TRUST

- To steadfastly expect His mercy, salvation and rescue and while waiting not take matters into one's own hands
- To let go of our way and timing
- To believe that God is good and faithful, even when we don't understand

HOPE

Our hopelessness about a problem is a bigger problem than the problem itself – Steve Backlund (Igniting hope ministries)

Biblical hope rests on God's promises.

HOPE

Romans 4:18-21 (NLT)

Even when there was no reason for hope, Abraham kept hoping—believing that he would become the father of many nations... Abraham never wavered in believing God's promise. In fact, his faith grew stronger, and in this he brought glory to God. He was fully convinced that God is able to do whatever he promises.

KEEPING OUR HOPE ALIVE

- We need to document what God has done and talk about it often.
- We need to keep on meditating on God's promises and hold it before us

WAITING HOPEFULLY

Isaiah 40:31 NKJV

But, those who wait on the Lord shall **renew their strength**. They shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Wait = to look for, to expect, to hope

DAILY STRENGTH

1 Samuel 30:1-2; 6 NKJV

Now it happened, when David and his men came to Ziklag, on the third day, that the Amalekites had invaded the South and Ziklag, attacked Ziklag and burned it with fire and had taken captive the women and those who were there, from small to great;

DAILY STRENGTH

Now David was greatly distressed, for the people spoke of stoning him, because the soul of all the people was grieved, every man for his sons and his daughters. **BUT David strengthened himself in the Lord His God.**

DAILY STRENGTH

- Thankful but thirsty
- Content but contending
- Present but pressing in

DAILY STRENGTH

- **Thanksgiving** – continuous thanksgiving for who God is and what He has done for us
- **Contentment** – Focussing on what you have and not on what you don't have
- **Being present** – Embracing your season

DAILY STRENGTH

- **Thirsty** – there is so much more, ask Him for it
- **Contending** – wrestling with God, enduring, persevering
- **Pressing in** – looking away from ourselves and see a world in desperate need of Jesus

JESUS – OUR STRENGTH

Psalm 18:1-3a NKJV

I will love You, O Lord, my strength.
The Lord is my rock and my fortress
and my deliverer; My God, my
strength, in whom I will trust. My
shield and the horn of my salvation,
my stronghold. I will call upon the
Lord, who is worthy to be praised...

