



LUKE 14:26-28 (NLT)

²⁶ “If you want to be my disciple, you must hate everyone else by comparison—your father and mother, wife and children, brothers and sisters—yes, even your own life. Otherwise, you cannot be my disciple. ²⁷ And if you do not carry your own cross and follow me, you cannot be my disciple.

LUKE 14:26-28 (NLT)

²⁸ “But don’t begin until you count the cost. For who would begin construction of a building without first calculating the cost to see if there is enough money to finish it?



CARRYING YOUR CROSS

“To take up the cross of Christ is no great action done once for all; it consists in the continual practice of small duties which are distasteful to us.”

John Henry Newman

HEBREWS 12:1-4 (NLT)

¹ Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us.

HEBREWS 12:1-4 (NLT)

² We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God's throne.

HEBREWS 12:1-4 (NLT)

³ Think of all the hostility he endured from sinful people; then you won't become weary and give up. ⁴ After all, you have not yet given your lives in your struggle against sin.

A DISCIPLINED LIFE

"No horse gets anywhere until he is harnessed.
No stream or gas drives anything until it is confined. No Niagara is ever turned into light and power until it is tunneled.
No life ever grows great until it is focused, dedicated, disciplined."

Harry Emerson Fosdick

THE WEIGHT
OF THE WORLD
— VS —
THE WEIGHT
OF THE WORD

MATTHEW 11:28-30 (NLT)

²⁸ Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. ²⁹ Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. ³⁰ For my yoke is easy to bear, and the burden I give you is light."