

Title: Family life II – Women of faith
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How do we become women of faith?

1. Putting our trust in God

Isaiah 54:13

All your children shall be taught by the LORD, and great shall be the peace of your children.

FEAR = False evidence appearing real (not true, but so convincing that it appears real)

Ways to deal with fear:

1. **By actively meditating on God's word.** That is our weapon, our sword. We need to actively make war against the spirit of fear. When fear comes, the word of God should be in our hearts immediately...

Phil 4:6

Be anxious for **nothing**...

2. **By realising how big God is and how small the devil is**

Romans 16:20

"And the God of peace will soon crush Satan under your feet"

Story: Kay Warren – her first international trip away from her children. She hated flying at that stage and weeks before the time she lay awake and had cold sweats, envisioning all the terrible scenarios that were going to happen while they were away. She was convinced that she and her husband are going to die in a plane crash, that her children were going to die or seriously injured, that their house is going to burn down their church members kicking them out of Saddleback church, finding themselves another pastor. She realised that she had to do serious business with God and started seeking Him and scriptures. She realised that she gave her heart away to the lesser gods of fear, anxiety, worry, depression and started trusting God again. The peace that she found was this: Even if I am not OK, I will be OK.

We can overcome fear by proclaiming: GOD IS BIGGER than this... (sickness, fear, relational issues, sin, temptation, weaknesses, past hurts, mistakes)

2. Becoming like children – God wants us to believe and trust Him like a child

Matthew 18:3

Assuredly, I say to you, unless you are converted and become as little children, your will by no means enter the kingdom of heaven.