

# THE DEEPEST WOUND

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## Definition

- Something in the emotions and heart
- Attitude, kind of relationship or failure to relate.
- Opposite of acceptance
- Synonyms/phrases to define:

*A feeling of being unwanted, excluded, worthless, not belonging, somehow on the outside looking in but never knowing how to get on the inside*

## 1. Nature and Cause

Is 54:4-6 [ESV]

**4** “Fear not, for you will not be ashamed; be not confounded, for you will not be disgraced; for you will forget the shame of your youth, and the reproach of your widowhood you will remember no more. **5** For your Maker is your husband, the LORD of hosts is his name; and the Holy One of Israel is your Redeemer, the God of the whole earth he is called. **6** For the LORD has called you like a wife deserted and grieved in spirit, like a wife of youth when she is cast off, says your God.

## 1. Nature and Cause

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## 1. Nature and Cause

Proverbs 18:14 [ESV]

A man's spirit will endure sickness, but a crushed spirit who can bear?

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## 1. Nature and Cause

Proverbs 15:13 [ESV]

A glad heart makes a cheerful face, but by sorrow of heart the spirit is crushed.

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## 1. Nature and Cause

- Wife towards husband and husband toward wife
- Lack of love from one or both parents in childhood
- Child unwanted during pregnancy
- Child who does not receive/experience expressed warm, affectionate love from a parent.
- One child receives an unfair measure of love and affection.

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## 2. Results of Rejection

Primary result – Inability to receive or communicate love.



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## 2. Results of Rejection

### 1 John 4:18-19 [ESV]

**18** There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love. **19** We love because he first loved us.

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## 2. Results of Rejection

Secondary results of rejection:

- A person who gives in
- A person who holds out
- A person who fights back

None of these reactions to rejection is a positive solution, it is defensive and simply cover up the hurt.

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## 2. Results of Rejection

Lust (adultery, fornication, whoredom, harlotry, seduction, sexual impurity, homosexuality, lesbianism, masturbation, pornography, incest, fantasy lust, sodomy, uncleanness), fantasy, perversion, insecurity, inferiority, pride, vanity, ego, low self-esteem, self-accusation, depression, perfectionism, unfairness, guilt, shame, confusion, sensitiveness, inordinate affection for animals, fear, (all types), paranoia, indecision (procrastination, compromise), passivity, continual sadness, escapism, heartbreak, hopelessness, hyperactivity, insomnia.

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### 3. God's Remedy

#### Isaiah 61:1 [ESV]

The Spirit of the Lord GOD is upon me, because the LORD has anointed me to bring good news to the poor; he has sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound.

### 3. God's Remedy

#### Isaiah 53:4-6 [ESV]

**4** Surely he has borne our griefs and carried our sorrows; yet we esteemed him stricken, smitten by God, and afflicted. **5** But he was pierced for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his wounds we are healed. **6** All we like sheep have gone astray; we have turned—every one—to his own way; and the LORD has laid on him the iniquity of us all.



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## 3. God's Remedy

Aspects of this exchange:

- Jesus was punished for our sins so that we might experience forgiveness
- Jesus was wounded for our sickness that we might receive healing
- Jesus was made sin that we might receive forgiveness
- Jesus was made a curse that we might receive the blessing
- Jesus died our death that we might share in His life
- Ultimately Jesus was rejected by men and finally by God

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### 3. God's Remedy

#### Isaiah 53:3 [ESV]

He was despised and rejected by men, a man of sorrows and acquainted with grief; and as one from whom men hide their faces he was despised, and we esteemed him not.

### 3. God's Remedy

#### Matthew 27:45-46 [ESV]

*45* Now from the sixth hour there was darkness over all the land until the ninth hour. *46* And about the ninth hour Jesus cried out with a loud voice, saying, “Eli, Eli, lema sabachthani?” that is, “My God, my God, why have you forsaken me?”

### 3. God's Remedy

#### Matthew 27:47-51 [ESV]

*47* And some of the bystanders, hearing it, said, "This man is calling Elijah." *48* And one of them at once ran and took a sponge, filled it with sour wine, and put it on a reed and gave it to him to drink. *49* But the others said, "Wait, let us see whether Elijah will come to save him." *50* And Jesus cried out again with a loud voice and yielded up his spirit. *51* And behold, the curtain of the temple was torn in two, from top to bottom. And the earth shook, and the rocks were split.

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## 4. Applying God's Remedy

- Forgive every person who rejected you and harmed you in any way. (Mark 11:25)
- Lay down the things rejection brought in it's train
- By an act of faith - Accept that you are accepted in Christ. (Eph 1:4-6)
- Accept yourself



## 5. Acceptance by God's People

### Eph 2:19-22 [ESV]

**19** So then you are no longer strangers and aliens, but you are fellow citizens with the saints and members of the household of God, **20** built on the foundation of the apostles and prophets, Christ Jesus himself being the cornerstone, **21** in whom the whole structure, being joined together, grows into a holy temple in the Lord. **22** In him you also are being built together into a dwelling place for God by the Spirit.

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## 5. Acceptance by God's People

The only barrier is rebellion:

- Lay down rebellion
- Stop going your own way, doing your own thing
- Realise you need the body and seek you place.

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## Prayer

Lord, I am lonely and unfulfilled, and I acknowledge it, I long to dwell in Your house. To be part of a spiritual family of committed believers. If there are any barriers in me, I ask You to remove them. guide me to a group where this longing of mine can be fulfilled and help me to make the needed commitment to them. in the name of Jesus, amen.